



GET A HEAD START ON THE COMPETITION!



BASEBALL & SOFTBALL

Spring Training Program

The Spring Training Advantage:

- ***Emphasis on the "BIG THREE" [Hitting, Throwing & Fielding]***
- ***Correct mechanics in a game setting***
- ***Confidence booster for young players prior to the season***
- ***Continuous Station Change to promote player interest***

Spring Training will cover the following, with exciting drills:
 Hitting – Fielding / Outfield Play – Throwing – Base Running & Pitching

Get Ready for Opening Day the Right Way!

**Location: Colonel Town Fields
 [rain location inside WMRHS gym]**

- Baseball** **May 15th, 2010**
- Softball** **May 16th, 2010**

**Time for both days is as follows: 9:00 AM – 12:00 PM
 1:00 PM – 3:00 PM**

**Ages: 7 – 16
 Fee: \$30.00**

Diamond Star Camps 2010 Spring Training

Player's Name: _____ Date of Birth: _____

E-Mail: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Please mail this application and a check for \$30.00 made payable to Diamond Star Camps:

**Tom Underwood
 P.O. Box 344
 Plymouth, NH 03264**

**Home Phone #: 536-3139
 E-mail: tusqueze@roadrunner.com
 Web Page: www.diamondstarcamps.com**

Lancaster, New Hampshire